






# 2019 - Statin Quality Measures

Health Plan	Statin Therapy for Patients with Diabetes	Statin Therapy for Patients with Cardiovascular Disease
<b>Measure:</b> Patients prescribed a statin must be treated with statins for 80% of the measurement period		
BCBS*		Reporting Only
HPHC		n/a
AllWays / NHP		
<b>Measure:</b> Patient with ASCVD (past or present) OR adults >21 who have ever had an LDL level $\geq$ 190mg/dl OR were diagnosed with hypercholesterolemia (past or present) OR adults 40-75 with diagnosis of DM with fasting or direct LDL level of 70-189mg/dl recorded as the highest fasting OR direct lab test result in the MY OR during the 2 yrs prior to the beginning of the MP, who were prescribed or were on statin therapy during MP		
Medicare ACO	n/a	

*BCBS Performance	YTD Nov.2017	2017	YTD Nov 2018
Statin Adherence pts with DM (% compliance / Gate Score)	60%	70% / 1.44	73%**/ 2.63
MIN = 69% MAX = 78% for patients with DM		** 8 more patients $\geq$ 80 % adherent = 5.0	

# Some FAQs

## Is it necessary to check a FASTING lipid panel, or non-FASTING?

Non-fasting is ok for most patients, but a **fasting panel is preferred**:

- when monitoring response to lipid-lowering therapy.
- in patients  $\geq 20$  years of age with initial triglycerides  $\geq 400$  mg/dL
- when screening for familial lipid disorders

## How should statin patients be monitored?

- Check transaminases at baseline. Unless the patient has chronic stable liver disease, repeat only if signs/symptoms suggesting of hepatotoxicity occur.
  - Document any pre-existing muscle symptoms before starting a statin to establish a baseline.
  - If severe muscle symptoms or objective weakness occur, hold the statin and check creatinine kinase.
  - **Check fasting lipid panel 4 to 12 weeks after statin initiation or dosage change, then every 3 to 12 months.**
  - Check adherence to statin and lifestyle interventions if LDL drop less than expected.
  - In patients with chronic inflammatory disease or HIV, check fasting lipids before and 4 to 12 weeks after starting a chronic anti-inflammatory drug or antiretroviral.
  - Ensure women of childbearing potential know to use reliable contraception, and to stop the statin one to 2 months before planning a pregnancy, or if they become pregnant.
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