

LCPN Pharmacy Resources

Updated 2-21-2019

Overview: Pharmacists and pharmacy technicians are available across LCPN for **comprehensive medication reviews for high-risk patients, or complex patients with chronic disease states.**

Resources are centrally located for telephonic consults. In-person visits (in the office or the patient’s home) are available based upon pharmacist discretion or by specific request. Comprehensive reviews include medication reconciliation, review of goals of therapy, assessment of medication safety and outcomes, resolving adherence or medication access barriers, and extensive medication and disease-state education for patients and caregivers

Referral Process: Referrals are requested through various mechanisms, depending on the referring clinician – additional details are included in the chart.

- **Providers** - refer through Epic in-basket messaging (or direct e-mail if not on Epic)
- **LCPN Care Management** – refer through OCCP Smart Tasks

When referring a patient, **please include reason for referral** and specific areas to assess or address. Common reasons for referral:

- Multiple medications from various prescribers, potentially leading to duplication, coordination challenges or incomplete medication records
- Difficulty reaching therapy goals despite multiple medications or adjustments
- Coordination challenges because of complex medication regimens or misunderstanding of instructions, or other access issues such as affordability (to explore lower-cost options or medication assistance programs)
- Assistance with deprescribing therapies to streamline regimens
- Assessing potential adverse effects or drug interactions that impact therapy outcomes

The Pharmacy Team and Locations / Program Support (See reverse for photos)

Program	Assigned Provider Practice or Unit	Pharmacy Team Member ¹	Contact Info
Medicare ACO (Please note – although assigned to practice teams as the primary contact, all Medicare ACO pharmacy team members will cover referrals across all practices for this population)	Beverly Hospital-Associated Practices	Pat McCarthy, PharmD	978-236-1646 Patrick.McCarthy@Lahey.org
	Lahey Medical Center Peabody General Internal Medicine		
	Lahey Community Group Practices	Ken Noyes, PharmD, BCPS ²	978-712-1730 Kenneth.Noyes@Lahey.org
	Lahey Hospital & Medical Center General Internal Medicine		
Winchester Hospital-Associated Practices	Liz Toabe, PharmD	781-756-8675 Elizabeth.Toabe@Lahey.org	
	All Practices	Erin Vega, CPhT (Pharmacy Technician)	978-236-1728 Erin.C.Vega@Lahey.org
Commercial (BCBS, HPHC, THP, other commercial risk contracts)	Northeast PHO	Carol Freedman, RPh, BCGP	978-236-1774 Carol.Freedman@Lahey.org
	Lahey Accountable Care Unit	Kate (Moore) Peng, PharmD, BCPS, BCGP	781-756-7887 Kate.Moore@Lahey.org
		Saadi Aalem, CPhT (Pharmacy Technician)	(781) 756-7860 Saadi.Aalem@Lahey.org
Winchester PHO	Vacant		
Employees (with Lahey Health Benefits & Lahey Health PCPs)	All Practices	Sarah Howard, PharmD, BCACP	978-712-1723 Sarah.L.Howard@Lahey.org
Mass Health ACO	All Practices	Alejandro Enriquez Zamalloa, PharmD, MS-MTM	978-712-1716 Alejandro.A.EnriquezZamalloa@Lahey.org
LCPN Director of Network Pharmacy: Pam Sherry, PharmD, BCACP 978-236-1658 pamela.s.sherry@lahey.org			

¹ The Medicare ACO Pharmacy Team is flexible in covering all practices / teams, and may cover other locations as needed

² LHMC GIM maintains a Pharmacotherapy Clinic with several clinical pharmacy specialists supporting patient care through chronic disease state management, and providers may refer any patient directly to those pharmacists for in-clinic management. These pharmacists are not employed by LCPN.

Meet the LCPN Pharmacy Team



Saadi Aalem, CPhT
Lahey Accountable Care Unit
Commercial Population



**Alejandro Enriquez Zamalloa,
PharmD, MS**
Lahey Clinical Performance Network
MassHealth Population



Carol Freedman, RPh, BCGP
Northeast PHO
Commercial Population



**Sarah Howard, PharmD,
BCACP**
Lahey Clinical Performance Network
Self-Insured Population



Pat McCarthy, PharmD
Lahey Clinical Performance Network
Medicare ACO



**Kate Peng, PharmD, BCPS,
BCGP**
Lahey Accountable Care Unit
Commercial Population



Ken Noyes, PharmD, BCPS
Lahey Clinical Performance Network
Medicare ACO



Liz Toabe, PharmD
Lahey Clinical Performance Network
Medicare ACO



Erin Vega, CPhT
Lahey Clinical Performance Network
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Pam Sherry, PharmD, BCACP
Lahey Clinical Performance Network
Director, Network Pharmacy Management