

Northeast

Physician Hospital Organization

Open Meeting March 2019 Summary

Affiliation Update

Dr. Ezzi provided an update on the approved merger with Beth Israel. The effective date of the merger was March 1, 2019. Highlights included discussion on the strong leadership of the Beth Israel Lahey Health (BILH) team and provided detail to the future vision of BILH.

Physician Membership and Membership Updates:

Stacey Keough provided an update of the physician membership within the NEPHO as of March 2019. The breakdown includes;

- ▶ As of March 2019 there are 313 providers within the NEPHO
- ▶ 62 PCP's and 251 specialists, with 45% of PCP's employed and 25% of Specialists employed
- ▶ The NEPHO patient membership has increased by 4%, largely driven by the growth in the Tufts Health Public Plans and Boston Medical Center Health Plan

Quality Score and Financial Performance Update

Dr. Ezzi discussed the Contract Settlement for 2017 and provided detail to the current LCPN Commercial 2018 Q2 projection. The presentation also outlined what NEPHO is working on to reduce medical expenses.

Lahey Medicare ACO Update

Ms. Keough reviewed the Medicare ACO agreement and discussed potential future opportunities to join with BILH partners. Ms. Keough reviewed the historical and projected performance.

2019 Contract Rate Updates

Ms. Keough provided an update of the new AllWays Health Partners contract.

Pharmacy Report

Carol Freedman, NEPHO Clinical Pharmacist, provided an update of the Q3 2018 pharmacy expenses and 2019 target details. Ms. Freedman provided a detailed presentation on what providers should know about patients using cannabis. Highlights from the presentation include:

- ▶ Overview & understanding of cannabis products; availability and access
- ▶ Awareness of potential drug interactions with cannabis
- ▶ Evidence of efficacy/inefficacy
- ▶ Discussion of "complementary alternative medicines" (CAM); cannabis use; documentation in medical chart
- ▶ Talking points for patients using cannabis
- ▶ Cannabis background
- ▶ Current Massachusetts regulations