What is a hernia?

A hernia is a condition in which part of an organ is displaced and protrudes or bulges through the wall of the cavity containing it. For example, the usual hernia is a lump of intestinal or fatty tissue that is pushed through a defect or weakness in the abdominal wall. Hernias are described based on the location of the hernia (inguinal, femoral, umbilical, and others).

Origin

Hernias can be caused by strenuous exercise such as lifting heavy objects, chronic coughing, damage from past injury or surgery, sports, pregnancy, constipation, weight gain, chronic lung disease, abdominal cavity fluid, and hereditary factors.

Symptoms

Symptoms can include a visible bulge, pain or discomfort, a feeling of weakness or pressure/ fullness, as well as a burning or aching sensation in the affected area.

Have you been diagnosed with a hernia?

Call **978-712-1570** to schedule an appointment with our team of hernia experts. We offer both surgical and non-surgical interventions.

To learn more about the Beverly Hospital Hernia Center or to schedule an appointment, please call **978-712-1570**.

Locations:

Addison Gilbert Hospital 4th Floor Specialty Clinic 298 Washington Street Gloucester, MA 01930

Phone: 978-712-1570 Fax: 978-922-9203

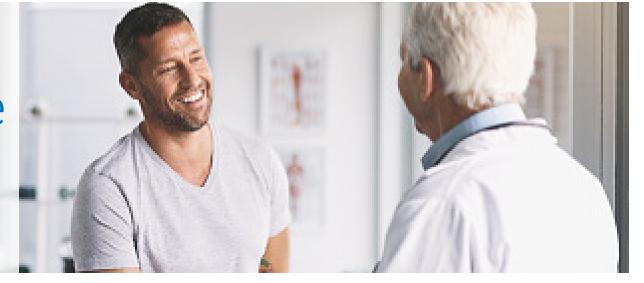
Lahey Outpatient Center, Danvers Medical Specialties 480 Maple Street Danvers, MA 01923 Phone: 978-712-1570 Fax: 978-922-9203 Beth Israel Lahey Health Beverly Hospital

Beverly Hospital Hernia Center



Comprehensive Care for You

The Beverly Hospital Hernia Center offers a specialized approach to hernia care. Our team supports, treats, and guides you and your family throughout the entire process from the initial visit, therapeutic interventions, to surgery, and ultimately recovery.



Our Team

Choosing Beverly Hospital's Hernia Center means you will be receiving expert care from surgeons who have a vast range of hernia experience.

Our surgeons have received specialized training to manage all forms of hernias using the latest techniques including minimally-invasive surgery. With minimally-invasive surgery, only a few small incisions are made, which means a faster recovery time and a more cosmetically appealing result.

Specialized Care

Beverly Hospital Hernia Center offers specialized care to patients from the North Shore and beyond. In our comprehensive clinic, you will see boardcertified surgeons who will determine the best treatment for you.

What types of hernias can we manage?

- Abdominal/Intestinal Parastomal
- Diaphragmatic
- Epigastric
- Femoral Incisional

- Lumbar
- Spigelian

Multidisciplinary Approach

Our multidisciplinary specialty center includes wound care, plastic surgery and pain management.

Our full scope of care includes:

- Minimally invasive or complex surgery
- Diagnostic imaging
- Pain management
- Physical therapy
- Plastic surgery
- Wound care
- Dietitians/Weight loss program

Make an appointment

Call to make an appointment at the Beverly Hospital Hernia Center.

Umbilical

 Paraesophageal/ Hiatal hernia/reflux

Ventral