

2021 ICD-10 Clinical Modification (CM) Updates

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Disclaimer: *This presentation is offered as guidance to NEPHO providers and office administration. If you are a BILH employed practice please follow up with your practice Leadership on guidance reviewed during this presentation.*

Agenda

- ▶ Final Update Review
 - Deleted Codes
 - Revised Codes
 - New Codes
- ▶ Chapter with Big Updates Overview
 - Chapter 3
 - Chapter 5
 - Chapter 6
 - Chapter 7
 - Chapter 13
 - Chapter 19
 - Chapter 20
 - Chapter 22 (New)
- ▶ Review revisions to ICD-10 CM Official Guidelines
- ▶ New guidelines for COVID-19 and Vaping Disorders

Final Update Review

Effective Oct. 1, 2020, to Sept. 30, 2021, including 490 code additions, 47 revisions and 58 deletions.

Among those major updates:

- 128 additions to Chapter 19: Injury, poisoning and certain other consequences of external causes (S00-T88) specifies fentanyl and tramadol and other synthetic narcotics.
- 125 additions to Chapter 20: External causes of morbidity (V00-Y99), now specifies accidental collisions involving electric scooters and other non-motor vehicle accidents.
- 57 musculoskeletal codes include laterality and specificity, especially codes involved with joint derangements (M24.-)
- 21 codes to describe withdrawal from substances including alcohol (F10), cocaine and opioids (F19).
- 18 codes further detailing sickle cell anemia. New codes include:
 - D57.213 (sickle-cell/Hb-C disease with cerebral vascular involvement)
 - D57.431 (sickle-cell thalassemia beta zero with acute chest syndrome) specify complications related to the condition.
- Three codes representing chronic kidney disease (CKD), stage 3 further broken down into sub-stages:
 - N18.30 (CKD, stage 3 unspecified)
 - N18.31 (CKD, stage 3a)
 - N18.32 (CKD, stage 3b)
- Deleted codes include:
 - Q51.20 — other doubling of uterus, unspecified
 - T40.4X — poisoning, underdosing, and adverse effects of other synthetic narcotics
- Revisions apply to codes:
 - Z68 — Body mass index (BMI)
 - Z88 — Allergy status codes

Chapter Updates Breakdown

▶ **Chapter 3: DISEASES OF THE BLOOD AND BLOOD-FORMING ORGANS AND CERTAIN DISORDERS INVOLVING THE IMMUNE MECHANISM (D50-D89)**

D57.00	Sickle-cell disorders Hb-SS disease with crisis
D57.03	
D57.09	
D57.213	Sickle-cell/Hb-C disease
D57.218	
D57.219	
D57.413	Sickle-cell thalassemia
D57.419	
D47.42	
D47.431-D47.433	
D47.438-D47.439	
D57.44-D57.45	
D57.451-D57.453	
D57.458-D57.459	
D57.813	Other sickle-cell disorders
D57.818-D57.819	
D59.11-D59.13	Acquired hemolytic anemia
D59.19	
D84.81	Other immunodeficiencies Immunodeficiency due to
D84.821-D84.822	
D89.831-D89.835	Cytokine release syndrome Grade -
D89.839	

This chapter includes a longer list of updates than almost any other chapter. Many relate to D57.- *Sickle-cell disorders*, which features more than 20 new codes, from D57.03 *Hb-SS disease with cerebral vascular involvement* to D57.818 *Other sickle-cell disorders with crisis with other specified complication*.

Chapter Updates (continued)

▶ Chapter 5: MENTAL, BEHAVIORAL AND NEURODEVELOPMENT DISORDERS (F01-F99)

F10.130-F10.132 F10.939	Alcohol abuse with withdrawal
F10.930-F10.932 F10.939	Alcohol use, unspecified with withdrawal
F11.13	Opioid abuse with withdrawal
F12.13	Cannabis abuse with withdrawal
F13.130-F13.132 F13.139	Sedative, hypnotic or anxiolytic-related abuse
F14.13	Cocaine abuse, unspecified with withdrawal
F14.93	Cocaine use, unspecified with withdrawal
F15.13	Other stimulant abuse with withdrawal
F19.130-F19.132 F19.139	Other psychoactive substance abuse with withdrawal

Chapter 5 adds many codes for substance use and abuse with withdrawal. Providers should document withdrawal delirium and withdrawal with perceptual disturbance, when present, to help with code selection. New codes range from F10.130 *Alcohol abuse with withdrawal, uncomplicated* to F19.139 *Other psychoactive substance abuse with withdrawal, unspecified*.

Chapter Updates (continued)

▶ Chapter 6: DISEASES OF THE NERVOUS SYSTEM (G00-G99)

G11.10-G11.11 G11.19	Early-onset cerebellar ataxia
G40.42	Cyclin-Dependent Kinase-Like 5 Deficiency Disorder CDKL5
G40.833-G40.834	Dravet syndrome
G71.20-G71.21 G71.220 G71.228 G71.29	Congenital myopathies
G96.00-G96.02 G96.08-G96.09	Cerebrospinal fluid leak
G96.191	Perineural cyst
G96.198	Other disorders of meninges, not elsewhere classified
G96.810-G96.811 G96.819 G96.89 G97.83-G97.84	Intracranial hypotension

Numerous changes in Chapter 6 relate primarily to new codes related to disease of the nervous system.

Chapter Updates (continued)

▶ Chapter 7: DISEASES OF THE EYE AND ADNEXA (H00-H59)

H18.501-H18.503 H18.509	Unspecified hereditary corneal dystrophies
H18.511-H18.513 H18.519	Endothelial corneal dystrophy
H18.521-H18.523 H18.529	Epithelial (juvenile) corneal dystrophy
H18.531-H18.533 H18.539	Granular corneal dystrophy
H18.541-H18.543 H18.549	Lattice corneal dystrophy
H18.551-H18.553 H18.559	Macular corneal dystrophy
H18.591-H18.593 H18.599	Other hereditary corneal dystrophies
H55.82	Deficient smooth pursuit eye movements

ICD-10-CM changes for eye care often involve adding codes for laterality, and the 2021 code set is no exception. There are 28 new codes allowing you to specify right, left, bilateral, or unspecified eye for various diagnoses under H18.5- *Hereditary corneal dystrophies*. Chapter 7 also adds H55.82 *Deficient smooth pursuit eye movements*.

Chapter Updates (continued)

▶ **Chapter 13: DISEASES OF THE MUSCULOSKELETAL SYSTEM AND CONNECTIVE TISSUE (M00-M99)**

M05.7A M05.8A	Rheumatoid arthritis with rheumatoid factor
M06.8A	Other rheumatoid arthritis
M08.0A M08.2A M08.4A M08.9A	Juvenile arthritis
M18.09 M19.19-M19.29	Other and unspecified osteoarthritis
M24.19-M24.69 M24.89	Other specific joint derangements
M25.39 M25.59-M25.69	Other joint disorder, not elsewhere classified
M26.641-M26.643 M26.649	Arthritis of temporomandibular joint
M26.651-M26.653 M26.659	Arthropathy of temporomandibular joint
M80.0A M80.8A	Osteoporosis with current pathological fracture
M92.501-M92.503 M92.509 M92.511-M92.513 M92.519 M92.521-M92.523 M92.529 M92.591-M92.593 M92.599	Juvenile osteochondrosis

All the categories in Chapter 13 have new codes with “other specified site” in the descriptor. Continuing the “other” trend, M24.- also includes new codes for “other specified joint,” as does M25.- *Other joint disorder, not elsewhere classified*. Subcategory M80.0- *Age-related osteoporosis with current pathological fracture* has two new codes for “other site.”

Chapter Updates (continued)

▶ Chapter 19: INJURY, POISONING AND CERTAIN OTHER CONSEQUENCES OF EXTERNAL CAUSES (S00-T88)

S20.213-S20.374	Contusion of thorax
T40.411-T40.416 T40.421-T40.426 T40.491-T40.496	Poisoning by, adverse effect of and underdosing of narcotics and psychodysleptics [hallucinogens]
T86.8401-T86.8429 T86.8481-T86.8499	Complications of transplanted organs Corneal

The first major change in this chapter is the addition of 18 six-character options under S20.- *Superficial injury of thorax* that allow you to identify bilateral front wall and middle front wall injuries. Keep in mind that each code in S20.- requires a 7th character (A, D, or S), so each six-character addition in the addenda translates to three new seven-character codes.

The next big change is more specific options under T40.4- *Poisoning by, adverse effect of and underdosing of other synthetic narcotics*. You have one set of options for fentanyl or fentanyl analogs and another set for tramadol. The codes for “other synthetic narcotics” moved from T40.4X- to T40.49-. Again, you need a 7th character to complete these codes.

The final large update for this chapter adds right, left, bilateral, and unspecified eye options for five subcategories under T86.84- *Complications of corneal transplant*.

Chapter Updates (continued)

▶ Chapter 20: EXTERNAL CAUSES OF MORBIDITY (V00-Y99)

V00.03- thru V06.93-	Pedestrian injured in transport accident
Y77.11	Ophthalmic devices associated with adverse incidents
Y77.19	

You'll find the longest list of changes in this chapter of ICD-10-CM 2021. Nearly all of them are in block V00-V09, Pedestrian injured in transport accident. There are now many codes for injuries involving the use of standing electric scooters and any "other standing micro-mobility pedestrian conveyance," including hoverboards and Segways.

The chapter also includes new codes Y77.11 *Contact lens associated with adverse incidents* and Y77.19 *Other therapeutic (nonsurgical) and rehabilitative ophthalmic devices associated with adverse incidents*.

Chapter 21: FACTORS INFLUENCING HEALTH STATUS AND CONTACT WITH HEALTH SERVICES (Z00-Z99)

❑ Chapter 21 features new subcategory Z03.82- *Encounter for observation for suspected foreign body ruled out* with unique codes for encounters where ingestion, aspiration, or insertion of a foreign body has been ruled out.

❑ The other changes to this chapter consist of small corrections and clarifications. For instance, code descriptors in Z68.- *Body mass index [BMI]* now use brackets rather than parentheses around BMI. The *ICD-10-CM Official Guidelines for Coding and Reporting* state that brackets in the tabular list "enclose synonyms, alternative wording or explanatory phrases" while parentheses "enclose supplementary words that may be present or absent in the statement of a disease or procedure without affecting the code number to which it is assigned."

Chapter Updates (continued)

▶ Chapter 22: CODES FOR SPECIAL PURPOSES (U00-U85)

U07.0

Vaping-related disorder

Dabbing related lung damage

Dabbing related lung injury

E-cigarette, or vaping, product use associated lung injury [EVALI]

Electronic cigarette related lung damage

Electronic cigarette related lung injury

Use Additional code to identify manifestations, such as:

abdominal pain (R10.84)

acute respiratory distress syndrome (J80)

diarrhea (R19.7)

drug-induced interstitial lung disorder (J70.4)

lipoid pneumonia (J69.1)

weight loss (R63.4)

U07.1

COVID-19

Use Additional code to identify pneumonia or other manifestations

Excludes:

Coronavirus infection, unspecified (B34.2)

Coronavirus as the cause of diseases classified elsewhere (B97.2-)

Pneumonia due to SARS-associated coronavirus (J12.81)

Additional Code Updates

- ▶ Three codes representing chronic kidney disease (CKD), stage 3 further broken down into sub-stages:
 - ❑ N18.30 (CKD, stage 3 unspecified)
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 - ❑ N18.32 (CKD, stage 3b)
- ❑ Deleted codes include:
 - ❑ Q51.20 – other doubling of uterus, unspecified
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Revisions of Official Guidelines

▶ COVID 19 Infections - Guidelines Highlights

- ❑ Code on a confirmed diagnosis
 - ❑ U07.1
 - ❑ Does not require documentation of positive test - if documented as uncertain, code signs and symptoms
 - ❑ Sequence U07.1 first - add codes for manifestations
 - ❑ Exception - when another guideline requires that certain codes be sequenced first
 - ❑ Acute manifestations of COVID 19: viral pneumonia, acute bronchitis, bronchitis, acute lower respiratory infection, respiratory disorders, acute respiratory failure
 - ❑ Exposure to COVID 19 - individuals with actual or suspected exposure, and the infection is ruled out or test results are inconclusive - Z20-828
 - ❑ Encounter for antibody testing - Z01.84
- ▶ The patient presents with a four-day history of cough and fever. No known contact with a COVID 19 patient. The COVID 19 test is negative:
- ❑ Code: Cough R05, Fever R50.9, Exposure to virus Z20.828

Revisions of Official Guidelines (continued)

- ▶ A new section has been added for coronavirus infections, so it will be important for coders to read and understand the guidance changes. Coders will need to continue to educate physicians to include “positive” or “confirmed” language when documenting for COVID-19. Simply documenting “COVID-19” is not enough to code U07.1. There are new guidelines for respiratory and non-respirator manifestations when a patient is COVID positive. Physicians must document “due to,” “with,” or “in” as part of the documentation to show linkage between COVID-19 and the manifestation.
- ▶ A new section, 15.s, includes instruction for encounters when COVID-19 is the reason for the encounter along with sequencing guidelines. Physicians must indicate if the patient is COVID-19 “positive” or “confirmed” for diagnosis code U07.1. Refer back to chapter 1 for COVID-19 related guidelines.
- ▶ There are new guidelines for coding insulin and non-insulin drugs for patients who are diabetic. This new language expands on guidance for patients who use insulin and oral hypoglycemic drugs. Codes Z74.9 and Z79.899 are to be appended when patients use insulin and an injectable non-insulin antidiabetic drug and physicians have documented for both drugs in the patient note. When documentation indicates use of oral hypoglycemic drugs and an injectable non-insulin antidiabetic drug, append codes Z79.84 and Z79.899.

New Guidelines for Vaping

- ▶ This is a brand-new ICD-10 chapter for special purposes, codes U00-U85. For now, this chapter contains just two codes for vaping related disorders and COVID-19. Note that the guidelines for vaping related illness instruct coders not to code associated respirator signs and symptoms due to vaping when a definitive diagnosis has been documented by the physician.
- ▶ Use of additional codes for any other manifestations, such as acute respiratory failure, requires appropriate physician documentation. When documenting conditions that have a causal relationship, verbiage must be present to connect the two conditions, such as “with,” “secondary to,” “due to,” or “associated with” to apply the appropriate code.

Resources

- ▶ <https://www.cdc.gov/nchs/data/icd/COVID-19-guidelines-final.pdf>
- ▶ <https://www.mgma.com/MGMA/media/files/Resources/MGMA-Coding-Cheatsheet-COVID-19-Final.pdf?ext=.pdf>
- ▶ <https://www.3mhisinsideangle.com/blog-post/2021-icd-10-cm-code-updates-looking-ahead-to-october/>
- ▶ <https://www.cms.gov/medicare/icd-10/2021-icd-10-cm>

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