2022 NECoMG Annual Meeting

Guest Speakers: Mark Albanese, MD, Medical Director, Physician Health Services (PHS) and Bara Litman-Pike, Psy.D., Executive Director, Physician Health Services (PHS). PHS is a non-profit corporation founded by the Massachusetts Medical Society.

June 16, 2022 @ 7:00 a.m.

AGENDA

- ✓ Welcome Dr. Pierre Ezzi
- ✓ "Twindemic: Physician Mental Health during the COVID-19 Pandemic" Guest Speakers Mark Albanese, MD and Bara Litman-Pike, Psy.D
- ✓ NECoMG Board of Directors Election Results Dr. Pierre Ezzi

Northeast Physician Hospital Organization

Mark J. Albanese, MD Medical Director, Physician Health Services, Inc. (PHS)

Mark Albanese, MD is the Medical Director of PHS. Dr. Albanese is a graduate of Harvard College and Weill Cornell Medical College of Cornell University. He trained at Brigham and Women's Hospital and Massachusetts Mental Health Center.

Prior to coming to PHS, Dr. Albanese was at Cambridge Health Alliance (CHA), where his roles included Director of Addictions and Director of Outpatient Psychiatry. He is an assistant professor of psychiatry at Harvard Medical School, and continues to teach at CHA. He is a longtime Massachusetts Medical Society (MMS) member and has also served on the PHS Clinical Advisory Committee for more than 20 years. Dr. Albanese is board-certified in both psychiatry and addiction psychiatry.



Mark J. Albanese, MD Medical Director, Physician Health Services, Inc. (PHS)

Bara Litman-Pike, Psy.D., Executive Director, Physician Health Services, Inc. (PHS)

Dr. Litman-Pike, Psy.D., joined the PHS team as Executive Director in April 2019. Dr. Litman-Pike, a clinical psychologist, brings a strong background in behavioral health, addiction, employee assistance, health promotion, and business. As the Executive Director, she is responsible for overall development, program and strategic planning, budget, program operations, quality assurance, outreach, and medical community relationships.

She has been a senior leader in Employee Assistance Programs (EAP), overseeing relationships with stakeholders. Most recently, at MIT, she helped select and launch the first external EAP at MIT, overseeing implementation, quality, and promotion. Dr. Litman-Pike has consulted to workplaces on creating programs for safety sensitive positions, along with stress management and compassion fatigue assessment and training for healthcare professionals. She was a Disaster Mental Health (DMH) Volunteer and Team Lead for the Mass Bay Chapter of the American Red Cross from 2000 – 2013.

She is a graduate of the University of Wisconsin, Madison, and the Massachusetts School of Professional Psychology (MSPP), now William James College.

Bara Litman-Pike, Psy.D., Executive Director, Physician Health Services, Inc. (PHS)



Nicholas Avgerinos, MD Class P Candidate

I am excited to run for election as a primary care representative to the NECoMG Board. As a potential new representative I hope to bring new ideas and perspectives to help align our group's passion for patient care with our ability to maximize insurance reimbursements through effective use of evidence-based medicine, quality metrics/risk coding, and patient satisfaction.

Over the last several years I have worked in a variety of roles. As a former employed physician in NMP/LPCO and now a private practice physician in the community, I have had an opportunity to understand the unique challenges and goals facing both our employed and private practice providers. Our ability to bring primary care's focus together will be critical for us to achieve the objectives of providing outstanding patient care and maximizing our reimbursements through our value based and risk sharing contracts.

Thank you for your consideration.

Nicholas Avgerinos, MD

Nicholas Avgerinos, MD



William Medwid, MD Class P (Incumbent) Candidate

I am pleased to be a candidate for re-election as a Class P director of the NECoMG Board. In addition to the NECoMG Board, I also serve on the NEPHO Board and Lahey Clinical Performance Network ACO/MSO Boards.

We continue to see significant changes in the alignment of physician practices and medical organizations in Eastern Massachusetts, further complicated by the pandemic. These changes continue to shape healthcare delivery models and physician reimbursement. Our organization continues to do well within our contracts with respect to quality and efficiency measures, and this success benefits our overall membership.

In my service on the NECoMG Board, I hope to help it continue to remain productive as these ongoing changes in the medical landscape affect our organization. While my main professional focus is a quality care of patients in my practice, I feel compelled to serve in this capacity so as to have a voice in this process.

Thanks,

Bill

William Medwid, MD



Daniel Lombardi, MD Class S Candidate

I appreciate the opportunity to represent the interests of the physician community and the patients we serve as a specialty physician on the NECoMG Board of Directors. My 15 years of experience as a non-invasive cardiologist in private practice, service to veterans, and current group practice with Lahey Cardiology Beverly has provided me with a diverse and well-rounded understanding of various healthcare delivery systems.

The common goals from these systems I wish to promote are maintaining high quality medical service, optimizing patient outcomes, and ensuring competitive reimbursement for services along with provider satisfaction in the workplace.

Thank you for considering my candidacy.

Daniel Lombardi, MD

Daniel Lombardi, MD



Eli Poorvu, MD Class S Candidate

I have been practicing as an Emergency Physician with Northeast Emergency Associates for the past 6 years. Our group staffs the emergency departments at Beverly Hospital and Addison Gilbert Hospital. I have also worked in the emergency department at Lahey in Burlington.

Prior to moving back to Massachusetts, I completed my training in Emergency Medicine at Cook County Hospital in Chicago where I cared for an underserved community and learned how to optimize care with limited resources.

As an emergency physician, I form one critical bridge between the primary care physicians and the specialists who make up the membership of the Northeast PHO. I feel I can bring an understanding of the unique challenges that each group faces to the board. Additionally, as a link between inpatient and outpatient medicine, I will be able to offer a different perspective on issues of resource utilization that are critical for our continued success as an organization.

Thank you all for your consideration. It would be a great honor to represent all of you on the NECoMG board of directors.

Eli Poorvu, MD

