

**Do you have
hypertension?**



Please join us at our free clinics to help you manage your blood pressure. You will be able to:

- Have your blood pressure checked
- Bring in your home blood pressure cuff for an accuracy check
- Get tips on how to get accurate blood pressure readings
- We will work with your primary care provider to adjust your medications if needed
- Patients with diabetes can also get a free A1C check if needed

Dates and Time

November 15, 2022	5:00pm to 7:00pm	Beth Israel Lahey Health Primary Care 100 Cummings Center Suite 126Q - Beverly
December 6, 2022	5:00pm to 7:00pm	Beth Israel Lahey Health Primary Care Addison Gilbert Hospital 4th Floor 298 Washington St. - Gloucester

To schedule your appointment please call **978-236-1746** and leave a message with your preferred time.

Your health is important. We look forward to seeing you!