

**Do you have  
hypertension?**



**Please join us at our free clinic to help you manage your blood pressure. You will be able to:**

- Have your blood pressure checked
- Bring in your home blood pressure cuff for an accuracy check
- Get tips on how to get accurate blood pressure readings
- We will work with your primary care provider to adjust your medications if needed
- Patients with diabetes can also get a free A1C check if needed
- A pharmacist will be available to answer medication questions

### **Date and Time**

<b>December 6, 2022</b>	<b>5:00pm to 7:00pm</b>	<b>Beth Israel Lahey Health Primary Care Addison Gilbert Hospital - 4<sup>th</sup> Floor 298 Washington Street, Gloucester</b>
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To schedule your appointment please call **978-236-1746** and leave a message with your preferred time.

***Your health is important. We look forward to seeing you!***