

DM/Obesity Problem List Update

- Ali Wiklund NP is reviewing EPIC charts of patients with potential coding opportunities/gaps
 - Goal: improve NEPHO patients risk scores
 - Population
 - Patients with morbid obesity and patients with diabetes
 - List is sorted by patients with upcoming appointments
 - Problem list is updated
 - Obesity
 - Change is made based on recorded BMI (E and Z code are both needed to risk adjust)
 - Duplicate obesity codes are removed
 - Diabetes
 - Change is made based on current labs (A1C, renal function, microalbumin etc), use of insulin, associated complications (obesity, retinopathy, kidney complications etc.)
 - Process started 11/2022: **160 charts** have been reviewed to date
 - 73% of diabetes codes required updates
 - 77% of obesity codes required updates
 - Audits
 - Audits will be performed to determine if provider billed w/ risk adjusted codes during the visits

Diabetes Coding: HCC value

Examples	ICD-10	HCC ¹	HCC weight ²	Notes
Type 2 diabetes (T2D)				
T2D without complications	E11.9	19	0.104	Always has HCC weight.
T2D with hyperglycemia	E11.65	18	0.318	Document as specifically as possible.
T2D with hypoglycemia, no coma	E11.649	18	0.318	
T2D with mild retinopathy	E11.329	18	0.318	
T2D with diabetic chronic kidney disease (CKD)	E11.22	18	0.318	
T2D with polyneuropathy	E11.42	18	0.3168	
Long term (current) insulin use	Z79.4	19	0.104	

Morbid Obesity Coding — E and Z Codes Needed

E66.01 (Morbid Obesity) code can be used if the patient has a BMI 35-39.99 and has 1+ serious comorbidities:

- Diabetes, HTN, hyperlipidemia, CHF, CAD, DJD of knee/hip, sleep apnea

- When E and Z codes are separate on problem list, or only one code is used there is only a .25 value

- **Correct Coding:** Combine Obesity **E** code and **BMI Z** code
- E and Z codes are combined
 - **.5 HCC value**

Morbid Obesity Coding

Example #1: 35yo patient with a history of obesity and hypertension. Today their BMI is 35.2

- Coding captured: obesity E66.9
 - No HCC value**
- Correct Codes: **E66.01, Z68.35 Class 2 severe obesity with serious comorbidity and BMI 35.0-39.9**
 - .25 HCC value**

Example #2: 29yo patient with a history of obesity. Today their BMI is 45

- Coding captured: BMI 45.0-49.9
 - .25 HCC value
- Coding captured: Morbid Obesity E66.01
 - .25 HCC value
- Correct Codes: **E66.01, Z68.42 Morbid obesity with BMI 45.0-49.9**
 - .5 HCC value**